



TITAN TIMES

Reminder to grade 12s applying for Abbotsford Community Foundation Scholarships. Applications are due next Thursday, Feb 29 @ 3 pm. Late applications will NOT be accepted.

Senior's Night will be happening on March 7th! Come on out for a fun night and cheer on the senior boys and girls teams play! All grades are welcome! The admission will be 2 \$ and all money raised will go to support Cops for Cancer which fundraises for pediatric cancer research. We will also be having a Tailgate Party in the parking lot before the game... Hot Dogs and other foods will be sold on site. Come out and support your Titans!

The music program is having a Boardwalk hot lunch on March 4th. Pre-orders are in school cash online and must be in by February 29th at midnight. Meals available for order are:

- Hot dog and fries - \$6
- 2 chicken tenders and fries - \$6
- Cheeseburger and fries - \$6
- Fries only - \$4

Students can pick up their orders in the MPR during the eating period on March 4th.

Grade 8-11 students, get your course planning done now! Deadline is March 1, 2024. Visit the ATS website for more info [here](#) or visit the Counselling Centre if you have questions.

Did you know? Denisa is the Restorative Action (RA) facilitator in ATS this year and has already facilitated a number of learning circles with youth in the school! She has also provided several tips and strategies for discussions to start having with your teens which we will share each week.

Weekly Tip #5: How to build an apology. Apologies are more than just saying "I'm sorry". Modelling this behavior is a great way for youth to learn how to build an apologize with sincerity – a powerful tool in dealing effectively with conflict.

Own your actions by saying you are sorry for the mistake you made. "I'm sorry I didn't listen to you when you told me about how you were feeling about your problem with Alex."

Explain what you intend to do differently the next time. "I will focus on listening better and make sure I understand what you are trying to tell me."

Make amends. "I really do want to know how things are going with you and Alex."

Give the person a chance to respond. "Are you okay?" or "Do you want to talk about it now or would you rather wait until later?"

There will be a pizza lunch on Monday, Feb. 26 for all students. Pizza is \$2 a slice. Brownies will also be for sale for \$1 each.

VALUE ADDED

RESPONSIBILITY

- Ask for permission before you borrow or use others' property.
- Put things back where you find them.
- Cover your mouth while coughing, sneezing, or yawning.
- Maintain your personal hygiene.
- Arrive to school and class on time.
- Be prepared for class with the proper materials.
- Dress appropriately according to the weather conditions.

On the Horizon

Feb 28	Pink Shirt Day
Feb 29	Grade 6-8 Class Photos
Mar 1	Secondary Late Start
Mar 14	Middle Report Cards
Mar 18-Mar 29	Spring Break
Mar 29	Good Friday
Apr 1	Easter Monday (No School)

