



TITAN TIMES

YEARBOOKS ARE NOW ON SCHOOLCASHONLINE! They are \$55 and the ordering due date is February 10. Make sure to order yours ASAP!

Share Your Family Recipe!

We're excited to celebrate the rich diversity of our school community by highlighting family recipes in an upcoming feature. Food has a wonderful way of bringing people together, and we'd love to share your favorite dish with others! If you have a recipe that holds special meaning for your family—whether it's a treasured tradition or a go-to comfort meal—please submit it to us by **Friday, December 13**.

To participate, email your recipe (and a short note about why it's special to your family) to ATS@abbyschools.ca or drop it off at the school office. Optional: Include a photo of the dish or your family preparing it—we'd love to showcase these moments!

Together, we can create connections and inspire delicious meals that everyone can enjoy!

Hello from the Kitchen This November the Food Club was busy planning, creating and baking. We designed a gingerbread house for the Vancouver Hyatt Regency Hotel's "Make a Wish Foundation, Canada" fundraiser. Our submission, entered in the high school category, is called Ginger Spice Anime, a three tiered construction. The drawings were created by one of our Food Club members, Suhani, and the design of the house was drafted by Bella. We had fun, and some challenges, but we saw it to the end and learned a lot during the process. The display will be on until December 28th.



ATS Annual PEAK of Christmas Trip

Our much-loved holiday adventure to Grouse Mountain is officially live on School Cash! Join us for an unforgettable day featuring:

Outdoor Skating Sledding A magical forest walk filled with Christmas lights

We'll be heading up the mountain on Tuesday, December 17th. There are limited spots and they always fill up fast—so make sure to sign up right away!

Graduating Grade 12 players participating in the **Abbotsford City Basketball Tournament** presented by AbbyPD are eligible to apply for our annual **student-athlete scholarships**. These awards support players who demonstrate commitment to their team, strong character, and a positive impact in their school or community. To apply, seniors can visit <https://abbotsfordbasketball.com/scholarship-application/>

Internet, Social Media & Snapchat Safety Tips for Parents

To help your child use his/her devices safely, start by setting clear expectations for online behavior and screen time. Encourage open conversations about what they see and do online, so they feel comfortable reporting anything suspicious. Use privacy settings on devices and apps to limit exposure to inappropriate content. Teach your child to protect personal information, never share passwords, addresses, or photos with strangers.

On social media, remind your child to keep profiles private, avoid posting personal details, and only connect with people they know in real life. Encourage them to think before sharing photos or comments, as posts can be permanent.

Snapchat-specific tips:

- Only connect with real-life friends—avoid accepting requests from strangers.
- Choose a safe username without personal info.
- Check location settings—Snap Map should be off or limited to trusted friends.
- Enable Family Center in Snapchat for parental oversight.
- Remind teens that disappearing messages can still be saved via screenshots.
- Use in-app reporting for suspicious or harmful behavior.

Recommended Parental Control Tools:

- Qustodio – Great all-rounder for monitoring screen time, social media, and location tracking.
- Bark – Best for monitoring social media activity and detecting risky content.
- Aura – Highly rated for teens, offering advanced digital safety tools.
- Norton Family – Excellent for web filtering and activity tracking.
- Google Family Link (Android) & Apple Screen Time (iOS) – Free built-in options for managing app usage and screen time.
- Kaspersky Safe Kids – Budget-friendly with strong location tracking and social media monitoring



Titans Winter Concert

December 17th Large Gym 7pm



Make sure to follow the Titans Instagram for information about upcoming events.

ON THE HORIZON

December 12	King Traditional Student Visit
December 12	SLO Late Start Friday (9:20AM)
December 12	Grad Breakfast (8:15 AM)
December 12	WEB Winter Amazing Race
December 15-19	Spirit Week
December 16	Term 1 Celebration Assembly
December 17	Christmas Assembly
December 17	Middle Report Cards
December 19	Last Day before Winter Break
December 22 – January 2	Winter Break
January 5	Schools Reopen

Hi Families,

The Abbotsford School District is located on the traditional and unceded territory of the Semá:th First Nation and Máthxwi First Nation. With this, we respect the longstanding relationships that the Indigenous Nations have to this land, as they are the original caretakers.

I'd like to introduce myself; I am Tobias Julian. I am of First Nation decent. I am pleased to be working alongside Abbotsford Traditional School as the Indigenous Support Worker. The Indigenous Program supports self-identified First Nations, Inuit, and Métis students. Our Indigenous space is located in the main office (S100D) and is open Tuesdays 8:30-3:00. Some of the ways I will be supporting the students will be in-person, individually, and in classrooms. I can offer support for students' academic needs, learning about diverse Indigenous cultures, as well as social and emotional well-being. I can be contacted by email at tobi-as.julian@abbyschools.ca or Phone No. 604-850-7029 ext. 4310.

Respectfully,

Tobias Julian